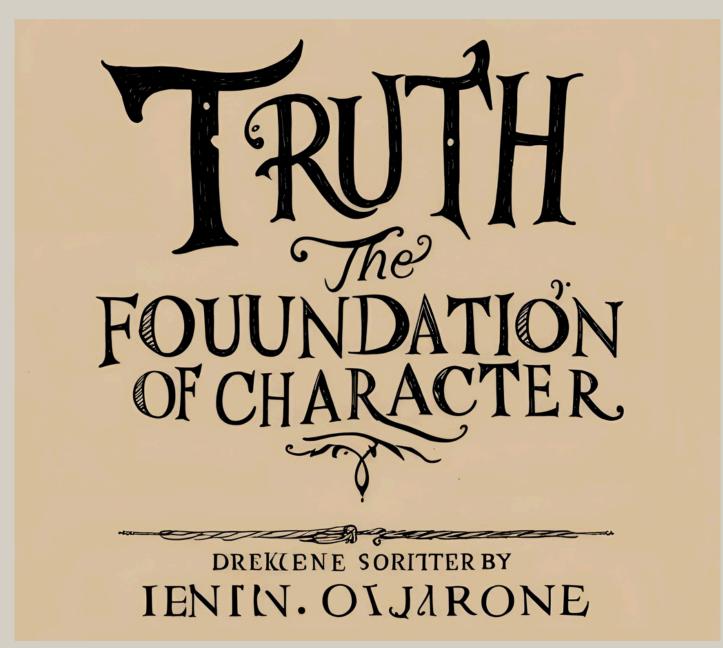
## TRAILBLAZER

**NHEOPHILIAN** 

EDITION #01 • MARCH - APRIL • 2025

2025-26

## MONTHLY THEME TRUTH : THE FOUNDATION OF CHARACTER



## PREFACE

#### EDITION #01 • MARCH - APRIL • 2025

#### Message from the Principal for the First Edition of Trailblazers

Dear Readers,

2025-26

As we turn the first page of this year's journey through Trailblazers, I extend my heartfelt wishes for a year filled with the discovery of knowledge, the unleashing of imagination, and the growth of character. Let this year be not only about academic progress, but about becoming better human beings, firmly rooted in values and growing steadily with virtues.

Our annual theme—**"Rooted in Values, Growing with Virtues"**—is not just a slogan but a reminder of who we are and who we aspire to be. In a world where distractions are many and temptations are strong, it is more important than ever to hold fast to the principles of integrity, kindness, responsibility, and respect.

Today's society presents many challenges that can cloud young minds—substance abuse, cyberbullying, misinformation, peer pressure, and the misuse of social media, to name a few. These are the weeds that threaten to choke the seeds of goodness sown in every young heart. But through discipline, wise choices, and a strong value system, we can rise above them.

At school, **discipline is not a restriction, but a foundation for freedom**—freedom to explore, to express, and to excel. Respect for teachers, peers, and the learning environment is not just expected, it is essential. Remember, your teachers are not merely employees—they are your second parents, guiding you with wisdom, patience, and love. Honour them.

Technology is a gift—let us use it wisely. Watch a documentary that broadens your horizon, attend an online coding class, listen to a podcast on climate change, or create digital art that tells a story. Let it not become a trap of mindless scrolling, but a bridge to meaningful growth.

#### "The roots of education are bitter, but the fruit is sweet." — Aristotle

Wishing you a meaningful and magnificent year ahead!

Mrs. Roshni George Principal

## THE PULSE

#### EDITION #01 • MARCH - APRIL • 2025

### **ANNUAL THEME:**

### "ROOTED IN VALUES, GROWING WITH VIRTUES"

This year-long journey beautifully traces the path of character building by rooting students in timeless values and nurturing them into virtues that shape noble individuals. Each month unfolds a vital facet of moral growth, beginning with **Truth**, the bedrock of integrity, and culminating in Gratitude, the crowning virtue of a fulfilled life.

Through **Kindness**, **Peace**, and **Humility**, students learn the strength of gentleness and the dignity of self-restraint. As they walk **the Noble Path** of righteousness and forgiveness, they are guided not just to act rightly but to embody virtue. The warmth of **Love**, the strength in **Unity**, and the joy of **Giving** reinforce the idea that values are not just personal treasures but gifts to be shared.

In January, reflection and **Self-discovery** highlight how virtues aren't just outward acts but inner awakenings. February closes the circle with **Gratitude**, a virtue that transforms what we have into enough and what we do into a blessing.

#### As Mahatma Gandhi wisely said,

2025-26

"Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny."

This annual theme is not just a curriculum—it's a way of life, leading each child to grow not only in knowledge but in character, deeply **rooted in values and blossoming with virtues**.

#### 2025-26

#### EDITION #01 • MARCH - APRIL • 2025

### A NEW BEGINNING: EMBRACING THE FIRST DAY OF THE ACADEMIC YEAR



Good morning, dear students and respected teachers. As we step into this new academic year, let us pause and reflect on the foundation we wish to build — one rooted in strong value systems. In a world increasingly shaped by rapid modernisation, privatisation, and the influence of global cultures, we are witnessing a quiet decline in the moral values that once held our societies together. Family time is shrinking, nuclear homes are on the rise, and traditions are often sidelined.

But now, more than ever, we must bring back the value systems that promote tolerance, understanding, and unity — values that transcend our political, cultural, and societal differences. Let us put special emphasis on human rights, compassion, and respect for the environment. These are not just lessons for the classroom, but values to be lived every day.

Let us embark together on a journey — of reason, of purpose, and of values with the Annual Theme "Rooted in Values, Growing with Virtues" so that we may truly grow into the best versions of ourselves.

Wishing everyone a year filled with learning, growth, and meaningful connections.

Thank you.





#### EDITION #01 • MARCH - APRIL • 2025

### TINY STEPS, BIG BEGINNINGS: THE FIRST DAY OF KINDERGARTEN



2025-26

The first day of school for our kindergarten students were filled with excitement, curiosity, and a few nervous smiles. As the young learners stepped into their new environment, they were warmly welcomed by their teachers and staff, helping them feel comfortable and secure.

Students explored their new classrooms, familiarizing themselves with the different learning stations, play areas, and classroom rules. Teachers guided them through fun activities like coloring, storytelling, and simple hands-on tasks to keep them engaged.

Despite a few teary moments, the day ended on a happy note. Students were eager to share their experiences with their parents, and many were already looking forward to coming back the next day.





#### EDITION #01 • MARCH - APRIL • 2025

### OPENING HEARTS AND MINDS — A PRAYERFUL START TO A PROMISING YEAR.



2025-26



On March 28, 2025, Dr. Mar Theophilus School began the new academic year with a solemn and uplifting prayer service, bringing together the school community in a spirit of unity and gratitude. The event served as a moment of reflection and renewal, setting a positive and faith-filled tone for the year ahead.

Prayers were offered for the well-being and guidance of the Bishops and all Revrend Fathers, Principal, Administrator, Director and Teachers seeking divine blessings upon their leadership and service. Through scripture readings, hymns, and moments of silence, the gathering emphasized the importance of walking together in faith, wisdom, and compassion.

The service was a gentle reminder that every new beginning is an opportunity to grow not only in knowledge but also in kindness and purpose.



#### 2025-26

#### EDITION #01 • MARCH - APRIL • 2025

### GUDI PADWA & EID AL-FITR

A drawing competition was organized on the occasion of Gudi Padwa and Eid, celebrating the spirit of cultural harmony and artistic expression. The event took place on 28 March and witnessed enthusiastic participation from students across different age groups.

The participants beautifully depicted the essence of both festivals through their artwork, showcasing vibrant Gudi Padwa celebrations with traditional Gudi, rangoli, and festive sweets, alongside Eid-themed drawings featuring moonlit mosques, people exchanging greetings, and festive feasts. The competition provided a platform for students to express their creativity while learning about the significance of these festivals.

Inspiring speeches were delivered by the Ms. Suvarna Panpatil, as well as by the students. Ms. Panpatil spoke about the cultural significance of both festivals, highlighting their traditions, values, and the spirit of unity they bring. The students also actively participated by sharing their thoughts, experiences, and the importance of celebrating diversity.



#### EDITION #01 • MARCH - APRIL • 2025

### THE VOICE OF WATER: A COURTROOM DRAMA

The play, performed by Class 5 students, aimed to convey the important message that saving water is everyone's responsibility. The objective of the drama was to inspire the audience to take action and make a positive impact on the environment.

The storyline depicted a unique courtroom scenario where water bodies filed a case against humans for misusing and polluting them. In the courtroom, the defendants struggled to justify their actions, leading the judge to rule in favor of the water bodies. However, showcasing their kindness, the water sources chose not to retaliate, but instead suggested various ways people could help protect and conserve them.

It was an engaging and informative performance that effectively highlighted the importance of water conservation and encouraged responsible behavior towards our natural resources.



#### EDITION #01 • MARCH - APRIL • 2025

## ART MEETS SCIENCE: VISUALIZING CELL DIVISION CREATIVELY

A creative biology activity was conducted on 25th April 2025, where Class X students used rangoli designs and Oreo biscuits to illustrate the various phases of cell division.

Students enthusiastically created rangoli patterns to represent the different stages of mitosis, combining artistic expression with scientific understanding. Additionally, they used Oreo biscuits to model the phases of cell division—twisting the cookies open and manipulating the cream filling to visualise and replicate each stage.

These innovative, hands-on activities promoted active learning, creativity, and teamwork, while effectively reinforcing key concepts in cell biology. The activity transformed abstract scientific processes into engaging, tangible experiences, deepening students' understanding of mitosis in a fun and memorable way.



EDITION #01 • MARCH - APRIL • 2025

## WORDS THAT MATTER: DEBATING THE DIGITAL AGE

An Inter-House Hindi Debate Competition was held on 28th April for Grades VIII and IX on the topic:

"Should smartphones and electronic gadgets be banned in educational institutions – justified or not?"

All four houses—Red, Blue, Green, and Yellow—participated enthusiastically. Each house had two speakers: one for and one against the motion. Students presented compelling arguments, showcasing strong reasoning and public speaking skills. The event was judged by Ms. Seema Thakur and Ms. Sudha Shukla from the Hindi Department.

- Yellow House (Grade VIII) 1st Place
- Green House (Grade IX) 1st Place

The debate was met with great enthusiasm from the audience and highlighted the school's dedication to intellectual and moral development.



#### EDITION #01 • MARCH - APRIL • 2025

## RHYTHMS OF MARATHI: A CELEBRATION OF LANGUAGE AND TALENT

The Marathi Poetry Recitation Competition was held on 29th April 2025 with enthusiastic participation from students of Grades VI to VIII. The event was presided over by Mrs. Roshni George, and judged by Mrs. Mrunal, Mrs. Poonam, and Mrs. Asmita. A total of 20 students showcased their talent by reciting Marathi poems, selfcomposed verses, powadas, and nursery rhymes. The event began with a welcome by Mrs. Suvarna, and the students received motivating guidance from Mrs. Anamika. Prithviraj Kharade (Grade VIII-C) efficiently compered the programme. Winners:

• Kavya Kale (VI-C) – 1st Prize

2025-26

- Rehan Sayyed (VII-D) 1st Prize
- Apoorva Gangakhedkar (VIII-C) 1st Prize

The competition was a great success, celebrating the richness of Marathi literature and encouraging students' expression and confidence.



#### EDITION #01 MARCH - APRIL

### 24 MARCH – WORLD TUBERCULOSIS DAY

World Tuberculosis (TB) Day is observed on March 24 every year to raise awareness about tuberculosis and efforts to eliminate the disease. This date marks the day in 1882 when Dr. Robert Koch announced the discovery of Mycobacterium tuberculosis, the bacterium that causes TB.

The theme for World TB Day 2024 was "Yes! We can end TB!", emphasizing global commitment to ending the disease through innovation, funding, and improved healthcare access.



2025

## 27 MARCH – WORLD THEATRE DAY

World Theatre Day is celebrated every year on March 27 to promote the importance of theatre arts and their role in society. It was initiated in 1961 by the International Theatre Institute (ITI) under UNESCO.



EDITION #01 • MARCH - APRIL • 2025

### **07 APRIL- WORLD HEALTH DAY**



A global health awareness day is organized by the World Health Organization (WHO). It marks the anniversary of the founding of WHO in 1948, and each year focuses on a specific health theme that's important for people worldwide.

Dr. Mar Theophilus School joined the global community in observing World Health Day 2025, a health awareness initiative led by the World Health Organization (WHO). This year's theme, "Healthy Beginnings, Hopeful Futures," emphasizes the critical importance of maternal and newborn health, aiming to ensure that every mother and child has access to quality healthcare from the very start of life.

### **11 APRIL – NATIONAL SAFE MOTHERHOOD DAY**

National Safe Motherhood Day was celebrated in our school on April 11, 2025, to raise awareness about maternal health and well-being. On this occasion, our school teacher, Mrs. Sonali Waghmare, delivered an insightful speech highlighting the importance of ensuring safe and healthy conditions for mothers during pregnancy and childbirth.

She explained the theme for 2025 – "Healthy Beginnings, Hopeful Futures" – emphasizing how proper care and support during motherhood lay the foundation for a better future for both mothers and children. Mrs. Waghmare also spoke about the five key components of Safe Motherhood, helping students understand the essential aspects of maternal care.



#### EDITION #01 • MARCH - APRIL • 2025

### 14 APRIL- "TRIBUTE TO THE ARCHITECT OF THE CONSTITUTION – AMBEDKAR JAYANTI 2025"

Today, on the occasion of Ambedkar Jayanti, our school paid tribute to the life and legacy of the visionary leader, Dr. B.R. Ambedkar. The celebration featured a thought-provoking speech delivered by Sanvi Bijapur of Class 5-D. Sanvi eloquently highlighted the significance of Ambedkar Jayanti and the monumental contributions of Dr. Ambedkar towards social justice, equality, and human rights. She spoke passionately about his extraordinary journey—from facing caste-based discrimination to becoming one of the most influential architects of modern India.

Her speech captivated the audience as she elaborated on Dr. Ambedkar's pivotal role in drafting the Indian Constitution, his relentless fight against social evils, and his unwavering efforts to uplift marginalized communities.

In addition to the speech, an essay competition was organized for students of Classes 9 and 10. The competition provided a platform for students to express their understanding of Dr. Ambedkar's ideals and his enduring impact on Indian society. Participants showcased insightful perspectives and heartfelt reflections on topics related to social justice, equality, and nation-building.

Through her inspiring words and the students' thoughtful essays, the celebration encouraged everyone to reflect on Dr. Ambedkar's values of compassion, courage, and perseverance. It served as a call to action for the younger generation to become agents of change and contribute to building a more just and inclusive society.

The event was warmly received by students and teachers alike, making it a memorable and meaningful tribute to Dr. B.R. Ambedkar on his birth anniversary.



EDITION #01 • MARCH - APRIL • 2025

### 15 APRIL – WORLD ART DAY "A CANVAS OF CREATIVITY"

On the vibrant occasion of World Art Day, our school transformed into a haven of imagination and artistic expression. Students from Classes 1 to 8 participated enthusiastically in a variety of drawing and art activities, each designed to spark creativity and celebrate the joy of making art.

#### Classes 1 to 5

#### Themes: Favourite Cartoon | Scenery Drawing

Our youngest artists delighted us with their colorful and cheerful creations. Whether sketching their favourite cartoon characters or painting serene natural sceneries, the students displayed remarkable imagination and enthusiasm. Their artwork was a heartwarming reflection of joy, innocence, and vibrant storytelling through visuals.

#### Classes 6 to 8

#### Themes: Warli Art | Mandala Art | Landscape Drawing

The senior students explored diverse styles of art, merging tradition with technique. Some captured the elegance of Warli art, a tribal form known for its rhythmic patterns and earthy charm. Others embraced the intricate symmetry of Mandala art, showcasing focus and mindfulness. Many chose to portray the beauty of nature through stunning landscape drawings, each telling a story of its own.

Art has the power to inspire, express, and connect — and on this World Art Day, our students truly brought that spirit to life. Their creativity turned blank sheets into masterpieces, reminding us that every child is an artist in their own unique way.





#### EDITION #01 • MARCH - APRIL • 2025

### 15 APRIL – WORLD ART DAY "A CANVAS OF CREATIVITY"

























EDITION #01 • MARCH - APRIL • 2025

### **22 APRIL – WORLD EARTH DAY**

#### "EARTH DAY ECHOES: VOICES FOR A GREENER TOMORROW"

To commemorate World Earth Day on April 22, our school organized a series of engaging and meaningful activities aimed at raising awareness about environmental protection and sustainability.

The celebration began with an inspiring speech by Advik Naik, who emphasized the importance of taking collective action to preserve our environment for future generations.

Students enthusiastically took part in the Poster Making and Slogan Writing Competitions, where they showcased their creativity and strong commitment to saving our planet. The posters were vibrant and filled with powerful messages about the conservation of natural resources and the need to protect our Earth.

A major highlight of the event was a captivating drama performance by Class 5 students, focusing on the theme of "Save Water." The skit creatively depicted the consequences of water wastage and encouraged everyone to adopt water-saving habits in their daily lives.

Through these activities, students not only expressed their awareness of environmental issues but also pledged to become responsible and conscious Earth citizens.

Let's continue to work together to make every day Earth Day!



#### EDITION #01 • MARCH - APRIL • 2025

#### **22 APRIL – WORLD EARTH DAY** "EARTH DAY ECHOES: VOICES FOR A GREENER TOMORROW"























EDITION #01 • MARCH - APRIL • 2025

### 22 APRIL – WORLD EARTH DAY "ART THAT EARTH CAN'T IGNORE!"

In celebration of World Earth Day, students from Classes 6 through 10 poured their creativity into a poster competition brimming with powerful environmental messages. After thoughtful judging, the following sections earned top honors:

- Class 6 C
- Class7C
- Class 8 C
- Class 9 B
- Class10C

Each winning poster dazzled with vibrant artistry and a clear call to action whether conserving water, reducing waste, or planting more trees. Congratulations to these budding eco-artists for inspiring our entire school

community with their vision of a greener tomorrow. Let's carry their message forward and make every day Earth Day!



EDITION #01 • MARCH - APRIL • 2025

### APRIL 23 : ENGLISH LANGUAGE DAY VOICES IN VERSE & VIGOR

English Language Day is celebrated every year on April 23 to recognize the global significance and rich heritage of the English language. The date, which marks both the birth and death of William Shakespeare, was designated by the United Nations in 2010 to promote linguistic diversity and multilingualism. Spoken by over 1.5 billion people, English serves as a powerful medium for communication, culture, and international exchange. The day celebrates the language's development, its literary contributions, role in education, and importance in global affairs. To mark the occasion, the school organized a poem writing competition for students of Classes 6 to 8, and an extempore competition for Classes 9 and 10. Students participated with great enthusiasm and zeal, making the event a vibrant celebration of the English language.



#### EDITION #01 • MARCH - APRIL • 2025

### APRIL 23 : ENGLISH LANGUAGE DAY VOICES IN VERSE & VIGOR









EDITION #01 • MARCH - APRIL • 2025

### IN SERVICE OF HUMANITY: RED CROSS DAY OBSERVED WITH PRIDE

Red Cross Day was celebrated in our school on 30th April 2025 with great enthusiasm. The program began with a warm introduction by Sanvii Verma and Srija Banerjee. This was followed by a soulful performance by the school choir, who sang a special Red Cross song. Our Principal, Mrs. Roshni George, then administered the Red Cross oath to the students and distributed badges to mark the occasion.



EDITION #01 • MARCH - APRIL • 2025

### SMART SYSTEMS, SMARTER SCHOOLS: ERP INSIGHTS FROM MOCCB

n informative online training session on the ERP (Enterprise Resource Planning) system was conducted for the staff of Dr. Mar Theophilus School by the Malankara Orthodox Church Council of Bombay (MOCCB).

The session was aimed at familiarizing the school staff with the core functionalities of the ERP system, which is designed to streamline administrative tasks and improve overall operational efficiency. Experts from MOCCB guided participants through various modules of the system, including:

- Student and staff data management
- Fee collection and financial reporting
- Attendance monitoring

2025-26

Academic and administrative record keeping



The session included a live demonstration of the platform, along with interactive discussions to address user queries and ensure clarity in implementation.

This training initiative by MOCCB reflects a forward-thinking approach in embracing technology to support better management practices across educational institutions under its care.





#### EDITION #01 • MARCH - APRIL • 2025

### EMPOWERING EDUCATORS: ENGLISH LANGUAGE TEACHING SEMINAR FOR PRE-PRIMARY TEACHERS

Ramola Ma'am led an engaging and insightful seminar tailored specifically for preprimary educators, focused on enhancing English language teaching and learning methodologies. The seminar was held over three days—March 20, 21, and 24, 2025 and was infused with innovative strategies aimed at empowering teachers with effective, classroom-ready techniques.

Key Highlights of the Seminar:

2025-26

- Strategies to Avoid Common Mistakes in English language teaching.
- Interactive and Hands-On Practice Sessions focused on mastering Tenses.
- Group Discussions to reinforce correct vocabulary and tense usage.
- Individualized Guidance on sentence construction and improvement.

The seminar created a vibrant and supportive learning environment, encouraging educators to share experiences and learn collaboratively. With a blend of theory, practical application, and peer interaction, this dynamic workshop proved to be not only fun and informative but also a confidence booster for all participants.

Teachers left the seminar equipped with practical tools and renewed enthusiasm to take their English language teaching to the next level.



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EDITION #01 • MARCH - APRIL • 2025

## SOUNDING OUT SUCCESS: A PHONICS SEMINAR FOR READING SKILLS

On March 20, 2025, a two-hour interactive seminar was conducted by Mrs. Roshni Melwani for educators, focusing on the importance of phonics in developing early reading skills. The session aimed to deepen teachers' understanding of how phonics can be effectively used to help young learners decode words, build fluency, and read simple sentences with confidence.

The seminar emphasized the significance of phonics as a foundational skill in early literacy. Mrs. Melwani explained that phonics involves teaching children the relationship between sounds (phonemes) and their corresponding letters or letter patterns (graphemes). This method empowers students to sound out words independently, making reading a more accessible and enjoyable process.

Key Highlights:

2025-26

- Understanding Phonics: Teaching reading by connecting letters to their sounds.
- Jolly Phonics Method: A fun, structured approach using actions, stories, and songs.
- Practical Activities: Interactive PPT, sentence reading, and pronunciation practice.
- Impact: Teachers gained clear, practical techniques to improve reading instruction.

The seminar was informative and engaging, providing teachers with useful strategies to make reading fun and accessible for young learners.



2025-26

EDITION #01 • MARCH - APRIL • 2025

## 29 MARCH – SESSION BY MS. SONIKA DEWAN

The seminar emphasized the pivotal role of teachers as role models, highlighting that perception is reality. Creating the right impression is key, as how we are perceived dictates how we are treated. Professional etiquette was explored as a cornerstone of workplace success, enhancing relationships and personal impressions.

Through an interactive questionnaire, participants reaffirmed essential etiquettes. Key topics included:

Meeting Etiquette: Prepare thoroughly, dress appropriately, be punctual, silence phones, avoid interruptions, and keep contributions brief.

Self-Introduction: Structure it with an intro, body (tailored to audience and purpose), and conclusion; avoid overly lengthy or irrelevant details.

Telephone Etiquette: A powerful "Hello" sets the tone—stand to sound assertive, smile to soften your voice, and maintain courtesy, clarity, and brevity while checking mood and tone.

Email Etiquette: Writing is accountability—ensure professionalism and precision. Dining Etiquette: Exhibit proper table manners.

Dress for Success: Teachers reflect their organization through appearance; dressing well enhances credibility and evaluation.

The seminar underscored that mastering these etiquettes not only shapes perceptions but also fosters professional growth and respect.



EDITION #01 • MARCH - APRIL • 2025

## 5 APRIL – MASTERING TIME: A SESSION ON TIME MANAGEMENT BY MS. SONIKA DEWAN

On April 5, the teachers of Dr. Mar Theophilus School participated in an engaging and empowering session on Time Management, led by the esteemed educator and life skills coach, Ms. Sonika Dewan.

The session began with an eye-opening discussion on the importance of time as a finite resource.

Using relatable examples, real-life scenarios, and interactive activities, she guided the teachers through essential time management techniques such as:

- Setting SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound)
- Creating effective to-do lists

2025-26

- Prioritizing tasks using the Eisenhower Matrix
- Avoiding procrastination and time traps
- Building routines and sticking to schedules

The session also included a Q&A segment, where teachers shared their personal challenges with time management and received tailored advice and encouragement from Ms. Dewan.

This enriching experience served as a valuable reminder that mastering time management is not just about doing more—it's about doing what matters most, with purpose and focus.



EDITION #01 • MARCH - APRIL • 2025

## 7 APRIL – BEYOND CHALK AND TALK: REACHING GEN Z MINDS BY MS. ANUJA KULKARNI

On 7 april, the faculty of Dr. Mar Theophilus School attended an enlightening counselling session titled "Handling Kids," exclusively organized for teachers. The session was conducted by Ms. Anuja Kulkarni, a seasoned counsellor and educator, known for her expertise in child psychology and modern educational dynamics.

With warmth, clarity, and insight, Ms. Kulkarni guided the teachers through the unique world of Generation Z–a generation shaped by technology, global connectivity, and evolving social norms. She emphasized the importance of understanding their emotional landscape, communication styles, and learning preferences to build stronger teacher-student relationships.

Key highlights of the session included:

2025-26

- Identifying common behavioral patterns and emotional triggers among Gen Z students
- Strategies for effective classroom communication and discipline
- The role of mental health support in the school environment
- Encouraging resilience, responsibility, and respect in students

The session served as a powerful reminder that teaching Gen Z is not just about delivering content, but about fostering connection, understanding, and trust.



EDITION #01 • MARCH - APRIL • 2025

### **24 APRIL – TEACHERS SEMINAR TRUTHFULNESS**

Organized by: Mrs. Kavita, Mrs. Shraddha, Mrs. Suvarna, Mrs. Raina, and Mrs. Anamika

A seminar on the theme "Truthfulness" was held on 24th April, organized by a dedicated team of teachers. The event featured a skit on Raja Harishchandra, a symbol of truthfulness, followed by an engaging talk show that highlighted the importance of honesty in daily life.

Speakers emphasized that truthfulness, honesty, and integrity are core values essential for building character and fostering a just society. Through storytelling and real-life examples, the session inspired participants to practice truthfulness in thought, word, and action.

Key Takeaways:

2025-26

- Truth builds trust and respect in relationships.
- Integrity is vital for personal growth.
- Truthfulness promotes fairness and accountability.

The seminar concluded with a strong call to action, encouraging all to live truthfully and inspire others to do the same. Special thanks to the organizing team for their excellent of the same of the



### EDITION #01 • MARCH - APRIL • 2025

### **25 APRIL – PARENT SESSION WITH COUNSELLOR**

Conducted by: Counsellor Anuja Kulkarni

2025-26

A special session for parents was held on 25th April 2025, led by counsellor Anuja Kulkarni. The session covered key topics aimed at supporting students' academic and personal growth. The topics included:

- Effective School Scheduling Strategies for managing time and organizing schoolwork.
- Habit Formation Cultivating positive learning habits for academic success.
- Positive Discipline Fostering a supportive and respectful learning environment.
- Overall Well-being Supporting children's emotional and social development.

The session provided valuable insights to parents on how to support their child's physical, emotional, and mental development through practical and effective strategies. It was well-received and left parents feeling better equipped to guide their children through the challenges of school life.



EDITION #01 • MARCH - APRIL • 2025

## BRAINS, BRILLIANCE & MEDALS: SILVER ZONE SUCCESS STORIES

We are proud to announce the outstanding performance of our students in the Silver Zone English and Science Olympiads for the academic year 2024–25. These Olympiads served as an excellent platform for students to demonstrate their academic excellence, critical thinking, and subject knowledge at both national and international levels.

Gold, Silver, and Bronze Medals were awarded to top scorers across various grade levels.

Students also received Certificates of Excellence, Merit Certificates, and Participation Certificates, recognizing their efforts and commitment.

Congratulations to all our achievers for their hard work and dedication. Your success is a true reflection of your perseverance and passion for learning.

A special note of thanks to our teachers and parents for their continuous guidance, motivation, and unwavering support.



### EDITION #01 • MARCH - APRIL • 2025

### BRAINS, BRILLIANCE & MEDALS: SILVER ZONE SUCCESS STORIES

Silver Zone Olympiad Medals Summary Year-2024-25(Primary Section)

and the second				
Subject	Gold	Siver	Bronze	Total
Math	5	4	4	13
English	4	5	5	14
Science	5	5	5	15
S.S.T.	3	3	2	8
Information Technology	6	2	1	9
Talent Hant	2	2	0	4
STEM	4	1	1	6
Reasoning & Aptitude	4	4	3	11
Total	33	26	21	80









### EDITION #01 • MARCH - APRIL • 2025

### BRAINS, BRILLIANCE & MEDALS: SILVER ZONE SUCCESS STORIES

Silver Zone Olympiad Medals Summary Year-2024-25(Secondary Section)

Subject	Gold	Siver	Bronze	Total
Math	4	2	0	6
English	6	4	4	14
Science	5	4	4	13
S.S.T.	2	1	1	4
Information Technology	4	2	0	6
Talent Hant	4	2	0	6
STEM	5	2	1	8
Reasoning & Aptitude	5	2	2	9
G. K	2	1	1	4
Hindi	4	1	0	5
Total	41	21	13	75











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### EDITION #01 • MARCH - APRIL • 2025

### BRAINS, BRILLIANCE & MEDALS: SILVER ZONE SUCCESS STORIES













EDITION #01 2025 MARCH - APRIL

## **RED CROSS PRIZE DISTRIBUTION** CEREMONY

The Red Cross Prize Distribution Ceremony was held at Apte Prashala, where our school was honored with the Red Cross Song Participation Trophy for its enthusiastic involvement in the Red Cross Song Competition for the academic year 2024-25.

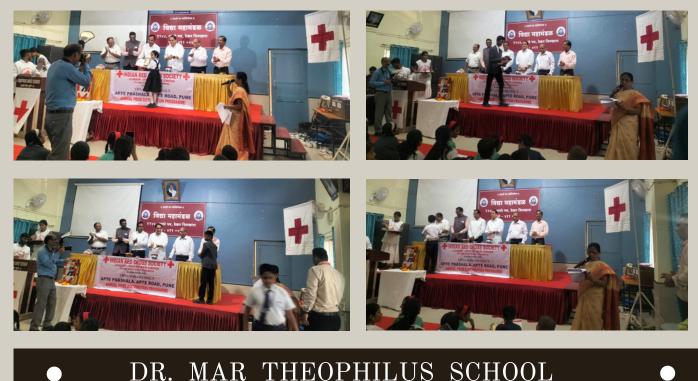
Our students showcased their talents across various competitions and achieved remarkable results:

**Essay Writing Competition** 

- Classes 1–4: Laksh Bajaj 2nd Place
- Classes 5–7: Manas Bandodkar 2nd Place
- Classes 8–10: Namish Kamble 3rd Place
- **Poster Making Competition**
- Classes 1–4: Sanvi Bijapur 1st Place **Elocution Competition** 
  - Classes 1–4: Advita Todkar 1st Place
  - Classes 8–10: Vedant More 1st Place



These achievements reflect the students' creativity, confidence, and commitment to excellence. We congratulate all the winners and participants for bringing pride to our school through their outstanding performances.



EDITION #01 • MARCH - APRIL • 2025

### ACADEMIC EXCELLENCE HONOURED: ICSE TOPPERS 2024–25

The school takes immense pride in announcing the outstanding achievements of our students in the ICSE Board Examination for the academic year 2024–25. Our students have once again upheld the tradition of academic excellence with exceptional results.

**Parth Prashant Sanyasi** emerged as the school topper, securing a phenomenal **98.6%**, reflecting his unwavering dedication and consistent hard work.

He is closely followed by **Anant Kumar Pandey**, who scored an impressive **98.4%**, showcasing his academic brilliance and determination.

Sharing the third position are **Shravani Vishal Jagtap** and **Aditya Pandurang Jadhav**, both securing a remarkable **98.2%**, a testament to their focused effort and perseverance.

The entire school community congratulates these students for their stellar performance and wishes them continued success in their future endeavors.



Parth Sanyasi 98.6%



Anant Pandey

98.4%



Shravani Jagtap 98.2%



Aditya Jadhav 98.2%





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### ARCHERY

The Archery Championship – Compound Round (Under 10 Girls) was held in Pune from 10th to 17th March 2025, showcasing young talent from across the region.

We are delighted to share that Trisha Kharat, a student of Dr. Mar Theophilus School, demonstrated remarkable focus and precision to secure the silver medal in this highly competitive event. Her achievement reflects her hard work. determination, and growing excellence in the sport of archery.

### **ROLLER SKATING**

The Open Roller Skating Championship 2025 was held on 6th April 2025 at the Shiv Chhatrapati Kridangan Skating Rink, Pimple Saudagar, Pune. The event was organized by the Shatrughna (Bapu) Kate Sports Academy, bringing together talented skaters from across the region.

We are proud to announce that Sharanya Waghmare, representing Dr. Mar Theophilus School, delivered an outstanding performance and clinched the gold medal in her category. Her dedication, discipline, and sportsmanship were evident as she skated her way to victory.



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#### PLAY, COMPETE, CELEBRATE : SPORTS FOR ALL!



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The much-awaited Cricket Mahotsav was celebrated with great enthusiasm and energy, bringing together students in the true spirit of sports and fitness. The event aimed to promote physical activity, teamwork, and healthy competition among participants.

The festival commenced with a vibrant inaugural ceremony, where the Principal and the Administrator flipped the coin to officially kick off the cricket matches, symbolizing the start of an exciting and action-packed event.

Cheerful spectators lined the field, encouraging players with loud cheers and applause, while teachers and coaches offered constant motivation and guidance to their teams. The atmosphere was filled with excitement, unity, and team spirit.

Matches were held for all classes, with enthusiastic participation from both boys and girls. Each game showcased excellent teamwork, determination, and sportsmanship, making the event inclusive and spirited.

Though focused solely on cricket, Cricket Mahotsav went beyond being just a sports competition—it was a celebration of discipline, fitness, and camaraderie. The event left everyone inspired to embrace an active and healthy lifestyle, while also fostering a sense of unity and school pride.



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#### PLAY, COMPETE, CELEBRATE : SPORTS FOR ALL!

	Qualifier	Final	Winner												
Class 9 Boys	9A V/S 9B 9C V/S 9D	9B V/S 9D	9B	Class 8 Boys	8A V/S 8B 8C V/S 8D	8B V/S 8D	8D	Class 7 Boys	7A V/S 7B 7C V/S 7D	7B V/S 7C	7C	Class 6 Boys	6A V/S	6B V/S 6D	6D
Class 9 Girls	Qualifier 9A V/S 9B 9C V/S 9D	Final 9A V/S 9C	Winner 9C	Class 8 Girls	Qualifier 8A V/S 8B 8C V/S 8D	Final 8B V/S 8D	Winner 8D	Class 7 Girls	Qualifier 7A V/S 7B 7C V/S 7D	Final 7A V/S 7D	Winner 7D	Class 6 Girls	Qualifier 6A V/S 6B 6C V/S 6D	Final 6B V/S 6C	Winner 6C
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### PLAY, COMPETE, CELEBRATE : SPORTS FOR ALL!



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### FROM WHITE TO MIGHT: KARATE BELT PROGRESSION

On April 22, our school conducted the Karate Belt Examination, an important step in the students' martial arts journey. With focus and determination, students demonstrated their skills in techniques, katas, and sparring under the guidance of trained instructors.

Each student showcased great progress and discipline, earning their new belts with pride. The event celebrated not just physical strength, but also the values of respect, perseverance, and self-control.

Congratulations to all our young achievers on this proud accomplishment!



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### **1ST INVITATIONAL ROLLER SKATING CHAMPIONSHIP**

The 1st Invitational Roller Skating Championship was held on 27th April 2025 in Pune, jointly organized by Eagles, Winners, MBB, and A-1 Skating Academy. The event brought together talented young skaters from various schools and academies, creating a platform for showcasing skill, speed, and sportsmanship. We are proud to announce that our student, Arnav Abhang, represented our school with excellence and secured a gold medal in his category.

This remarkable achievement not only highlights Arnav's talent but also brings honor to our school's growing legacy in sports.



We congratulate Arnav on his success and wish him continued achievements in future competitions.



### **5TH MAHARASHTRA CHAMPION KARATE LEAGUE**

The 5th Maharashtra Champion Karate League was held on 19th and 20th April 2025 in Baramati, bringing together skilled martial artists from across the state to compete in various categories of karate. We are proud to share that our student, Sharanya Waghmare, delivered an impressive performance and secured two silver medals in the competition. Sharanya's achievement is a testament to her hard work. Her success continues to inspire fellow students to pursue excellence in sports and martial arts. We extend our heartfelt congratulations to Sharanya and wish her continued success in future championships.

## MILESTONES OF AWARENESS

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#### **KEY OBSERVANCES TO REMEMBER – MARCH**

Date	International / National Observance	Why It Matters for Students		
Mar 20, 2025	International Day of Happiness	Promotes well-being and positive school culture.		
Mar 20, 2025	World Sparrow Day	Sparks interest in urban biodiversity and bird conservation.		
Mar 21, 2025	International Day of Forests	Highlights tree-planting and forest protection.		
Mar 21, 2025	World Poetry Day	Encourages creative writing and appreciation of literature.		
Mar 21, 2025	World Down Syndrome Day	Fosters inclusion and empathy.		
Mar 22, 2025	World Water Day	Stresses water conservation—links to science projects.		
Mar 24, 2025	World Tuberculosis Day	Raises health awareness and global citizenship.		
Mar 27, 2025	World Theatre Day	Inspires drama activities and appreciation of performing arts.		

## MILESTONES OF AWARENESS

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### **KEY OBSERVANCES TO REMEMBER – APRIL**

Date	International / National Observance	Why It Matters for Students
Apr 2, 2025	World Autism Awareness Day	Promotes understanding of neurodiversity.
Apr 7, 2025	World Health Day	Ideal for school health drives and fitness campaigns.
Apr 10, 2025	World Homeopathy Day	Sparks discussion on traditional vs. modern medicine.
Apr 12, 2025	International Day of Human Space Flight	Links to STEM and space science inspiration.
Apr 14, 2025	Ambedkar Jayanti	Celebrates social justice and the Indian Constitution.
Apr 14, 2025	World Dolphin Day	Focus on marine conservation.
Apr 21, 2025	World Creativity and Innovation Day	Motivates problem-solving and invention challenges.
Apr 22, 2025	World Earth Day	Flagship environmental event—poster drives, clean-ups, etc.
Apr 23, 2025	English Language Day	Fun for spelling bees, debates, and language games.
Apr 24, 2025	National Panchayati Raj Day	Introduces local-government concepts in civics.
Apr 25, 2025	World Malaria Day	Highlights global health challenges and research.
Apr 29, 2025	International Day of Dance	Encourages cultural expression and physical activity.
Apr 30, 2025	International Jazz Day	Great for music appreciation and cross-cultural learning.

## **PARENT CONNECTION**

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### NURTURING MINDS, SHAPING FUTURES: A MESSAGE TO OUR PARENTS

#### Dear Parents,

Greetings from The Theophilian Family!

We are truly grateful to have you as part of our growing community. Thank you for placing your trust in us and allowing us the privilege of nurturing and guiding your precious children. We assure you that we will walk hand in hand with them through every step of their educational journey, ensuring they feel supported, encouraged, and valued.

As our Principal beautifully expressed, education is a shared responsibility where both parents and teachers work together to foster a child's overall development. Each of you brings unique experiences and expertise from your respective fields, and we deeply believe that your talents can greatly enrich the learning environment at our school.

We warmly invite you to share your knowledge, skills, and professional experiences with our students. Whether through interactive sessions, workshops, storytelling, or demonstrations, your involvement can provide real-world insights and inspire our young learners in meaningful ways. Should you feel that your expertise could contribute to the school's activities at any level, please feel free to reach out to us. We would be delighted to facilitate opportunities for you to engage with the children and make learning even more dynamic and joyful.

Let us work hand in hand to build a nurturing space where knowledge, values, and virtues grow together, just as we envision for every Theophilian.

## "Truth is like the syn. Yoy can shut it out for a time, but it ain't goin' away." - Elvis Presley